



Helpful Scripture for those struggling with Lust/Pornography

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Psalm 119:9

⁹ How can a young person stay on the path of purity?
By living according to your word.

Romans 12:2

² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

James 1:14-15

¹⁴ but each person is tempted when they are dragged away by their own evil desire and enticed. ¹⁵ Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

1 Peter 5:8-9

⁸ Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. ⁹ Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

Galatians 6:7-8

⁷ Do not be deceived: God cannot be mocked. A man reaps what he sows. ⁸ Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

Proverbs 5:3-5, 8

³ For the lips of the adulterous woman drip honey,
and her speech is smoother than oil;
⁴ but in the end she is bitter as gall,
sharp as a double-edged sword.



⁵ Her feet go down to death;
her steps lead straight to the grave.

⁸ Keep to a path far from her,
do not go near the door of her house,

Psalm 101:3-4

³ I will not look with approval
on anything that is vile.

I hate what faithless people do;
I will have no part in it.

⁴ The perverse of heart shall be far from me;
I will have nothing to do with what is evil

Psalm 51:10

¹⁰ Create in me a pure heart, O God,
and renew a steadfast spirit within me.

Ephesians 4:22-24

²² You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³ to be made new in the attitude of your minds; ²⁴ and to put on the new self, created to be like God in true righteousness and holiness.

Philippians 4:8

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Hebrews 4:12

¹² For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.